



Communication from False Creek School and PAC to Parents, Students, and Staff

Important Upcoming Dates

Thursday, May 5

- Big One at 2 earthquake drill (for staff & students, only)
- Regular 3 pm dismissal

Wednesday, May 18

- Welcome to Kindergarten Event for NEW kindergarten students registered for Sept. 2022

Monday, May 23

- Victoria Day
- School Closed



Sports Day 2022

We are pleased to announce that we will once again be able to have Sport's Day for our students. As with many other events, our Sport's Day may look a little different this year than in previous years, but the opportunity to organize this event is very exciting! Sports Day 2022 will take place on Thursday, June 16. The students will move from station to station with their whole class, led by

their classroom teacher. They will take part in 13 activity stations in the morning. The stations will be run by Grade 8 and 9 volunteers from Kitsilano Secondary School. We will all break for lunch at the regular time. In the afternoon, same grade groups will be called outside for some additional activities, such as relays and a tug-of-war!

More details will follow in June!

Grade 3-7 Ultimate Frisbee Team

Thanks to our False Creek Parent volunteers, Laurel Miles and Travis Musika, for coaching our False Creek Ultimate Frisbee Team this year! Grade 3-7 students who would like to join the team are encouraged to pick up a parent permission form from the

office. Practices have already begun and the first game is next Wednesday, May 11. Please note that gr. 3 students that join the team are welcome to participate at practices, but will have to wait until grade 4 to play in the district games.

Interested to Host an International Student?



VSBC hosts high school international students from Europe, Asia, Central & South America. Students stay for five or 10 months, and are keen to experience life with a Vancouver family. If you are interested, contact one of our homestay partner agencies: Langara College Homestay: 604.323.5696 or

homestay@langara.ca; MLI Homestay 604-988-9477 or info@mlihomestay.com ; Vancouver Central Homestay 604-785-9598 or vch@telus.net ; or Canada Homestay Network 778-327-6829.



Mindfulness and Yoga

The Mindfulness and Yoga Club for grade 3 –7 students is being offered to students at lunch hour on Thursdays, starting May 5, 2022.

Students who are interested in joining this club can pick up a parent permission form from Ms. Misquitta.

Health Awareness

Since the lifting of mandatory masks in schools, the decision to wear a mask or face covering has shifted to become a personal choice for staff, students and visitors. Students are encouraged to support and respect each other in their choices in this regard. Other aspects of health awareness that we are continuing to encourage are as follows:

- ◆ stay home when sick
- ◆ practice hand hygiene upon school entry and before/after breaks and eating

- ◆ cough and sneeze into elbows, sleeves, or a tissue
- ◆ respect others personal space (the distance from which a person feels comfortable being next to another person).
- ◆ avoid sharing items that come into contact with the mouth (e.g. food, drinks, utensils, etc.)

COVID-19 and Travel Outside Canada

Starting April 25, 2022, there were fewer federal requirements for fully vaccinated travellers or any fully vaccinated children who travelled with fully vaccinated individuals to follow for 14 days following entry into Canada. As an example, you are no longer required under federal law to wear a mask when in public spaces or report your signs and symptoms. However, ***unvaccinated children aged 5 through 11 will still need to wear a mask in public settings (including schools and day camps) for 14 days after arrival to Canada.*** For detailed information, please

review the [Travel to Canada: Requirements for COVID-19 vaccinated travellers](#) web page.



Free Science festival for all the Family at UBC: May 7 2022

UBC is proud to be a host of Science Rendezvous, a national festival that takes science out of the lab and on to the street. Join us on Saturday May 7, 2022 from 10AM to 3PM for a day of hands-on, family friendly science activities!

Festival-goers of all ages will get a chance to meet world-class researchers and innovators, participate in hands-on experiments, and see amazing scientific demonstrations on UBC's Vancouver campus. See map with venues and parking below. In accordance with UBC's campus rules, masks or face coverings are required in public indoor spaces.

See attached flyer for more details.

Free Kick Soccer

FREE KICK TIMBITS SPRING WORLD CUP SOCCER LEAGUE 2022

[REGISTER HERE](#)

Cost: \$139

*(Includes Timbits Soccer Ball,
Uniform, Socks and Medal)*

SATURDAYS

April 30 – June 25

Shaughnessy School

Boys & Girls

9 – 10am: 4, 5, 6 yrs

10 – 11am: 7, 8, 9 yrs

10 – 11am: 10 – 14 yrs

or

SUNDAYS

MAY 1 – June 26

Jericho Turf

Boys & Girls

9-10am: 4, 5, 6 yrs

10-11am: 7, 8, 9 yrs

11-12pm: 10 – 14 yrs

** Players are grouped by age &
level to create fun & balanced
play **

*(Special FAMILY focus on
Mothers' Day & Fathers' Day
Weekend)*

[REGISTER HERE SPRING SOCCER](#)

[REGISTER HERE SUMMER
SOCCER](#)

[REGISTER HERE SUMMER
SOCCER CAMPS](#)

FreekickFC.com



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Events and Hands-On Science

Pacific Museum of Earth

Get hands on with a table of touchable fossils. There will also be tours of the new Hominin Hall and guided tours of the new Walk Through Time exhibit at 11:00, 1:00 and 3:00. Location: Pacific Museum of Earth

Beaty Biodiversity Museum

Visit Canada's largest blue whale skeleton. The Museum is running its regular daily [programming schedule](#) and is open by donation.

- Location: Beaty Biodiversity Museum

Fun with Robots

UBC Geering Up Engineering Outreach is on a mission to provide youth with the opportunity to investigate engineering, science and technology in a fun, educational and safe environment.

- Location: Earth Sciences Building lobby throughout the day

Make an Air Vortex Cannon

Make an air vortex cannon with UBC Let's Talk Science. Learn basic concepts about air and advanced concepts in fluid dynamics.

- Location: Beaty Biodiversity Museum courtyard throughout the day



FreeKick

Spring Leagues

Saturdays:
April 30 - June 25
Shaughnessy School

Sundays:
May 1 - June 26
Jericho Turf

timbits soccer

INCLUDES
FREE SOCCER BALL
TIMBITS Uniform,
Socks and Medals

Early Bird
\$125
\$139 After MARCH 1

Register a Team!

SCHEDULE

* except holiday weekends

AGE	TIME
4, 5, 6 yrs:	9-10 AM
7, 8, 9 yrs:	Saturday 10-11 AM Sunday 11-12 PM
10-14 yrs:	Players are organized by age & level

Check the web for details!

REGISTER NOW! Space is Limited

PRIZES!!

FreeKickFC.com
info@freekickFC.com
604-551-7066

Enjoy Fun, Friendly, World Cup Spirit
Music, Skill Warm-Up, Competitive Fun Play

AFTER SCHOOL
3:30-4:30 pm

TUESDAYS
Emily Carr
April 26 - June 14

WEDNESDAYS
Shaughnessy
April 27 - June 15

THURSDAYS
Trafalgar
April 28 - June 16

FreeKick

Summer SOCCER

Includes
FREE SOCCER BALL
TIMBITS Uniform,
Socks and Medals

SUMMER LEAGUE
\$139 before Mar 1
Players are organized by age & level

WEDNESDAYS: Ages 4-12
July 6 - Aug 24
Jericho Turf 5-6 PM

SATURDAYS:
July 9 - Aug 27
9-10 am Ages 4-5 6 yrs
10-11 am Ages 7-10+ yrs
Shaughnessy
* Except Holiday Weekends

Soccer Camps!
Boys & Girls Ages 6-12
LIMITED SPACE

SPRING BREAK

Shaughnessy
March 14 - 18
1 - 4 pm

Jericho Turf
March 21 - 25
9 am - noon

SUMMER

Unit
July 11 - 15
9 am - noon

Shaughnessy
July 4 - 8
July 18 - 22
Aug 22 - 26
Aug 29 - Sept 2
9 am - noon

FreeKickFC.com
info@freekickFC.com
604-551-7066

REGISTER NOW